1					
2					
3					
4					
5					
6					
7					
8					
9	IN THE UNITED STATES DISTRICT COURT WESTERN DISTRICT OF WASHINGTON				
10	Seattle Div	vision			
11	CHERYL ENSTAD;	)			
12	PAXTON ENSTAD, by and through his next	)			
13	friend and mother, CHERYL ENSTAD,	)			
14	Plaintiffs,	)			
15	V.	) No			
<ul><li>16</li><li>17</li></ul>	PEACEHEALTH, a Washington nonprofit corporation,	) COMPLAINT			
18	Defendant.	)			
19		)			
20		_ /			
21					
22					
23					
24					
25					
26					
27					
28	COMPLAINT -1-	AMERICAN CIVIL LII UNION OF WASHIN FOUNDATIO 901 FIFTH AVE, SUR	NGTON N		

ES SEATTLE, WA 98164 T: (206) 624-2184

## **COMPLAINT**

- 1. This is a civil rights complaint brought by Paxton Enstad and his mother for sex discrimination in violation of "Section 1557", The Patient Protection and Affordable Care Act § 1557, 42 U.S.C. § 18116 (2012) ("Section 1557"), and sex and gender identity discrimination in violation of the Washington Law Against Discrimination ("WLAD"), WASH. REV. CODE § 49.60 *et seq*.
- 2. PeaceHealth is a Catholic healthcare organization that operates 70 sites in Washington, Oregon, and Alaska and has approximately 16,000 employees. It provides health benefits to its employees through a self-funded plan, the PeaceHealth Medical Benefits Plan (the "Plan" or "PeaceHealth's Plan").
- 3. For more than twenty years, Plaintiff Cheryl Enstad was employed as a medical social worker at PeaceHealth St. Joseph Medical Center. Ms. Enstad and her family—including her teenage son, Paxton ("Pax")—rely on PeaceHealth and its Plan to provide them with coverage for medically necessary healthcare.
- 4. Pax is a boy who is transgender, which means that he has a male gender identity even though the sex assigned to him at birth was female. He was diagnosed with gender dysphoria, which is a serious medical condition that is codified in the Diagnostic

Individuals are usually assigned a sex at birth based on an examination of external anatomy. "Biological sex" is an inaccurate description of the sex given to a person at birth because there are many biological components of sex including chromosomal, anatomical, hormonal, and reproductive elements, some of which could be ambiguous or in conflict within an individual. In addition, research indicates that gender identity has a biological component. A person's gender identity, meaning the innate sense of being male, female, both, or neither, is the most important determinant of a person's sex.

and Statistical Manual of Mental Disorders (DSM-V) and International Classification of Diseases (ICD-10). The condition of gender dysphoria is marked by persistent and clinically significant distress caused by incongruence between an individual's gender identity and that individual's sex designated at birth.

- 5. If left untreated, gender dysphoria can lead to debilitating anxiety, depression, self-harm, and even suicide. When gender dysphoria is properly treated, transgender individuals experience profound relief and can go on to lead healthy, happy, and successful lives.
- 6. In the past, some public and private insurance companies excluded coverage for gender dysphoria (or "transition-related care") based on the erroneous assumption that such treatments were cosmetic or experimental. Today, however, every major medical organization recognizes that such exclusions have no basis in medical science and that transition-related care is effective, safe, and medically necessary when clinically indicated for treatment of gender dysphoria.
- 7. Before Pax began receiving medically necessary treatment, he suffered debilitating depression and anxiety as a result of his untreated gender dysphoria. His grades at school fell; he was unable to participate in activities such as swimming and athletics; he wore several layers of clothing to hide his chest from view; and he eventually avoided going outside altogether.
- 8. Pax also began wearing a chest binder to flatten his chest nearly twentyfour hours per day. Although wearing a chest binder for more than ten hours can restrict a
  person's breathing and cause long-term medical consequences, Pax's gender dysphoria

became so severe that he had tremendous difficulty wearing a chest binder less than twenty-four hours a day without experiencing debilitating anxiety, extreme distress, and significantly disrupted sleep and the associated decrease in functioning.

- 9. In accordance with widely accepted standards of care, Pax's doctors prescribed testosterone hormone therapy and chest reconstruction surgery to bring his body into greater alignment with his gender identity and alleviate the clinically significant distress.
- 10. When Pax's doctor submitted a preauthorization request for Pax's surgery, the Plan's administrator denied authorization, stating that PeaceHealth does not cover any "transgender services" in its health-benefits plan.
- 11. The Plan singles out transgender beneficiaries for unequal treatment by categorically depriving them of all medical care for gender dysphoria, regardless of whether those treatments are medically necessary.
- 12. Cheryl was stunned to learn about the exclusion. When she discovered that PeaceHealth would not cover "transgender services," Cheryl felt that she was being told by PeaceHealth that her son was undeserving of medical care to which he would otherwise be entitled, simply because he is transgender.
- 13. As a result of the exclusion for "transgender services," Cheryl and her husband were forced to pay over \$10,000 for the medically necessary care that Pax needed. In order to do so, she has had to use some of Pax's college savings funds and take out a second mortgage on her house.

- 28. The medical diagnosis for the feeling of incongruence between one's gender identity and one's sex assigned at birth, and the resulting distress caused by that incongruence, is "gender dysphoria" (previously known as "gender identity disorder"). Gender dysphoria is a serious medical condition codified in the Diagnostic and Statistical Manual of Mental Disorders (DSM-V) and International Classification of Diseases (ICD-10). The criteria for diagnosing gender dysphoria are set forth in the DSM-V (302.85).
- 29. The widely accepted standards of care for treating gender dysphoria are published by the World Professional Association for Transgender Health ("WPATH"). The WPATH Standards of Care have been recognized as the authoritative standards of care by the leading medical organizations, including the American Medical Association, the American Psychological Association, and the American Academy of Pediatrics.
- 30. Under the WPATH standards, medically necessary treatment for gender dysphoria may require medical steps to affirm one's gender identity and transition from living as one gender to another. This treatment, often referred to as transition-related care, may include hormone therapy, surgery (sometimes called "transition-related surgery," "sex reassignment surgery," or "gender confirmation surgery"), and other medical services that align individuals' bodies with their gender identities. The exact medical treatment varies based on the individualized needs of the person.
- 31. According to every major medical organization and the overwhelming consensus among medical experts, treatments for gender dysphoria, including surgical procedures, are effective, safe, and medically necessary when clinically indicated to alleviate gender dysphoria.

- 32. In the past, public and private insurance companies excluded coverage for transition-related care based on the erroneous assumption that such treatments were cosmetic or experimental. Today, however, the medical consensus is that exclusions of transition-related healthcare have no basis in medical science.
- Resolution 122 recognizing gender dysphoria (then known as Gender Identity Disorder, or GID) as a "serious medical condition" which, "if left untreated, can result in clinically significant psychological distress, dysfunction, debilitating depression and, for some people without access to appropriate medical care and treatment, suicidality and death." American Med. Ass'n, *Resolution 122: Removing Financial Barriers to Care for Transgender Patients* (June 16, 2008). The AMA emphatically asserts that "[h]ealth experts in GID, including [WPATH], have rejected the myth that such treatments are 'cosmetic' or 'experimental' and have recognized that these treatments can provide safe and effective treatment for a serious health condition." *Id.*
- 34. In Resolution 122, the AMA also opposes categorical exclusions of coverage for treatment of gender dysphoria when prescribed by a physician, noting that "many of these same treatments ... are often covered for other medical conditions" and that "the denial of these otherwise covered benefits for patients suffering from GID represents discrimination based solely on a patient's gender identity." *Id*.
- 35. The American Psychiatric Association, the American Psychological Association, and the American Academy of Pediatrics have all issued similar resolutions.

36. According to federal courts, categorical exclusions of transition-related healthcare are so far outside the bounds of accepted medical practice that they constitute deliberate indifference to a serious medical need when used as a justification for denying healthcare to prisoners.

## The Plan's Categorical Exclusion of Coverage

- 37. From 1996 to April 7, 2017, Plaintiff Cheryl Enstad was employed as a medical social worker at PeaceHealth St. Joseph Medical Center (the "medical center"), which is owned and operated by PeaceHealth. From 2009 to 2017, she worked at the medical center's hospice program, Whatcom Hospice.
- 38. As a medical social worker, Ms. Enstad's job duties were non-ministerial. She did not conduct worship services, religious ceremonies, or rituals for PeaceHealth, and she did not serve as a messenger or teacher of its faith.
- 39. PeaceHealth provides healthcare coverage to employees and their dependents, including Ms. Enstad and her son, Pax, through the Plan. (Ex. A).
- 40. The Plan is a self-funded "church plan" that is not administered in accordance with the Employee Retirement Income Security Act, 29 U.S.C § 1001, et seq.
- 41. The Plan has a general exclusion for procedures that are "not medically necessary." (Ex. A at 121).
- 42. In addition to that generally applicable exclusion, the Plan categorically excludes coverage "for gender change or for procedures to change one's physical characteristics to those of the opposite gender," and coverage for "services, supplies and medications related to preparation for sex change operations and medical or

psychological counseling or hormonal therapy in preparation for, or subsequent to, any such procedure." (Ex. A at 119, 122). The only function of these categorical exclusions is to exclude coverage for medically necessary transition-related care that would otherwise have been covered.

- 43. In contrast, the Plan provides coverage for many of the same procedures, such as medically necessary hysterectomies and mastectomies, when they are used to treat medical conditions other than gender dysphoria.
- 44. During 2016, the Plan was administered by Healthcare Management Administrators, Inc. ("HMA"), which is a fully owned subsidiary of Regence Insurance.
- 45. Regence Insurance has adopted a "Medical Policy Manual," which provides for coverage of medically necessary treatments for gender dysphoria in accordance with the WPATH Standards of Care, including, *inter alia*, continuous hormone therapy, hysterectomy, mastectomy (subcutaneous mastectomy or simple/total mastectomy, which may include related nipple/areola reconstruction), metoidioplasty, nipple/areola reconstruction related to subcutaneous or simple/total mastectomy with nipple/areola excision or repositioning, penile prostheses implantation, phallic reconstruction/phalloplasty, salpingo-oophorectomy, scrotoplasty, testicular prostheses implantation, urethroplasty, vaginectomy. (Ex. B at 5).
- 46. PeaceHealth's Plan does not follow the Regence Medical Policy Manual.

  Although HMA has concluded that these forms of transition-related care can be medically necessary treatments for gender dysphoria, PeaceHealth has prohibited HMA

from paying for these medically necessary procedures when acting as a third-party administrator for PeaceHealth's Plan.

- 47. On or around January 1, 2017, PeaceHealth switched its plan administrator to Meritain Health, a subsidiary of Aetna Inc. ("Aetna").
- 48. Aetna has adopted Policy 0615, which provides for coverage of medically necessary treatments for gender dysphoria, including, *inter alia*, mastectomy, gonadectomy (i.e. hysterectomy and oophorectomy in female-to-male and orchiectomy in male-to-female patients), genital reconstructive surgery, gonadotropin-releasing hormone treatment, urethroplasty, testicular prostheses implantation, scrotoplasty, vulvectomy, vaginoplasty. (Ex. C at 1, 10).
- 49. PeaceHealth's Plan does not follow Policy 0615. Although Aetna has concluded that these forms of transition-related care can be medically necessary treatments for gender dysphoria, PeaceHealth has prohibited Aetna from paying for these medically necessary procedures when acting as a third-party administrator for PeaceHealth's Plan.

## **Denial of Medically Necessary Care**

- 50. Pax is a boy who is transgender, which means that he has a male gender identity even though he was designated female at birth.
- 51. When he was eleven years old and started going through puberty, Pax began to suffer from debilitating depression and anxiety as a result of gender dysphoria. His grades at school fell. He received research-based treatment for depression and anxiety without symptom relief, and his symptoms worsened without specific treatment

T: (206) 624-2184

for gender dysphoria. He became unable to participate in activities such as swimming and athletics; he wore several layers of clothing to hide his chest from view; and he eventually avoided going outside altogether.

- 52. Pax also began wearing a chest binder to flatten his chest nearly twentyfour hours per day. Although wearing a chest binder for more than ten hours can restrict a
  person's breathing and cause long-term medical consequences, Pax's gender dysphoria
  became so severe that he had tremendous difficulty wearing a chest binder less than
  twenty-four hours a day without experiencing debilitating anxiety, extreme distress, and
  significantly disrupted sleep and the associated decrease in functioning.
- 53. In 2016, when Pax turned 16 years old, his medical providers prescribed chest-reconstruction surgery as treatment for gender dysphoria. In accordance with the WPATH standards for treating gender dysphoria, Pax's medical providers concluded that surgery was medically necessary to treat his severe gender dysphoria and its negative effect on his life functioning, including sleep, recreation, and emotional well-being.
- 54. Pax's chest-reconstruction surgery would have been covered as medically necessary treatment for gender dysphoria under both Regence's Medical Policy Manual and Aetna Policy 0615.
- 55. On September 6, 2016, Pax's surgeon requested preauthorization for the Plan to cover his medically necessary chest reconstruction surgery.
- 56. The next day, HMA denied preauthorization with the following message: "This member has no coverage for any transgender services under their health plan.

  Thank you."

participation in, be denied the benefits of, or be subjected to discrimination under, any health program or activity, any part of which is receiving Federal financial assistance."

- 62. PeaceHealth receives federal financial assistance, and is therefore a "covered entity" for purposes of Section 1557.
- 63. On May 13, 2017, the U.S. Department of Health and Human Services issued a final rule (the "Final Rule"). *See* Nondiscrimination in Health Programs and Activities, 81 Fed. Reg. 31376 (May 18, 2016) (to be codified at 45 C.F.R. pt. 92).
- 64. The Final Rule states that "[a] covered entity that provides an employee health benefit program to its employees and/or their dependents shall be liable for violations of [Section 1557] in that employee health benefit program" if "[t]he entity is principally engaged in providing or administering health services." 45 C.F.R. § 92.208(a).
- 65. Because PeaceHealth is principally engaged in the business of providing health services, Section 1557 and 45 C.F.R. § 92.208(a) prohibit PeaceHealth from discriminating against employees on the basis of sex in the terms of its employer-sponsored healthcare plan.
- 66. Discrimination on the basis of transgender status or gender nonconformity is discrimination on the basis of "sex" under Section 1557.
- 67. By categorically excluding all medically necessary "transgender services" or services related to "gender change" the Plan has drawn a classification that discriminates based on transgender status and gender nonconformity.

901 Fifth Ave, Suite 630 Seattle, WA 98164 T: (206) 624-2184

SEATTLE, WA 98164 T: (206) 624-2184

901 Fifth Ave, Suite 630 Seattle, WA 98164 T: (206) 624-2184

1	A.	Declaratory relief, inclu	uding but not limited to a declaration that		
2	Defendant violated Section 1557 and the WLAD;				
3	В.		sequential damages in an amount to be determined		
4		Compensatory and cons	sequential damages in an amount to be determined		
5	at trial;				
6	C.	Pre-judgment and post-	judgment interest at the highest lawful rate;		
7	D.	Plaintiffs' reasonable co	osts and attorneys' fees pursuant to 42 U.S.C. §		
8	1988, WASH. REV. CODE § 49.60.030(3), and WASH. REV. CODE § 49.48.030; and				
9	E.	Such other relief as the	Court deems just and proper.		
10					
11	Dated: Octobe	er 5 2017	/s/Lisa Nowlin		
12			Lisa Nowlin, WSBA No. 51512		
13			AMERICAN CIVIL LIBERTIES UNION of WASHINGTON FOUNDATION		
14			901 Fifth Avenue, Suite 630 Seattle, Washington 98164		
15			T: (206) 624-2184 / F: (206) 624-2190 lnowlin@aclu-wa.org		
16			J. Denise Diskin, WSBA No. 41425		
17			Beth Touschner, WSBA No. 41062 TELLER & ASSOCIATES, PLLC		
18			1139 34 <sup>th</sup> Avenue, Suite B Seattle, Washington 98122		
19			T: (206) 324-8969 / F: (206) 860-3172 denise@stellerlaw.com		
20			beth@stellerlaw.com		
21			Joshua A. Block*		
22			Leslie Cooper* AMERICAN CIVIL LIBERTIES UNION		
23			FOUNDATION 125 Broad Street		
24			New York, New York 10004 T: (212) 549-2627 / F: (212) 549-2650		
25			jblock@aclu.org; lcooper@aclu.org		
26					
27	1		AMERICAN CIVIL LIBE		

COMPLAINT -20-

28

AMERICAN CIVIL LIBERTIES
UNION OF WASHINGTON
FOUNDATION
901 FIFTH AVE, SUITE 630
SEATTLE, WA 98164
T: (206) 624-2184

1		
2		* Motion for admission pro hac vice to
3		follow
4		Attorneys for Plaintiffs
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		
15		
16		
17		
18		
19		
20		
21		
22		
23		
24		
25		
26		
27 28	COMPLAINT -21-	AMERICAN CIVIL LIBERTIES UNION OF WASHINGTON FOUNDATION 901 FIFTH AVE, SUITE 630 SEATTLE, WA 98164 T: (206) 624-2184